



## One 80 Young Person's Alcohol & Drug Service

The Bridge Project is commissioned by Bradford Council to provide a comprehensive drug and alcohol service for **young people up to age 21** living across the district of Bradford who are concerned about their substance misuse issues, including, but not limited to:

- Alcohol
- Cannabis.
- Stimulants (Amphetamine/Cocaine)
- Club Drugs and Novel Psychoactive Substances (NSP)
- Opiates and Crack.

We also support family members, friends, schools, social workers, and other professionals who are concerned about a young person's use of drugs and alcohol.

Our highly trained substance misuse support practitioners provide a **confidential and personalised service** for young people. We support young people to identify issues with drugs and alcohol and develop a tailored care plan focused on their strengths and needs, alongside risks and provide safety education around their use. Our team will work in close partnership with the young person, and anyone involved in their life. This may include family members, children's social care, schools, youth offending team, CAMHS and wider networks of support that are important to the young person.

We accept referrals from young people, family members, and a wide range of professionals. All referrals are responded to within 1 working day and the team provide regular updates and feedback where appropriate. **We do not require signed consent**, but the young person needs to have consented to the referral so that we can effectively engage with them.

Following referral, we contact the young person and arrange to meet them at a time and place that suits their needs. Our team is based on an outreach model, taking the service to young people in the community, providing support at a range of appropriate venues including home visits, schools, PRUs, college settings, and community centres.

### What we offer:

- Confidential support led by the young person.
- **Comprehensive assessment** including personal strengths, substance misuse issues, mental and physical health, wellbeing, safeguarding, family, and social needs.
- Access to wide range of online advice, information, and self-help resources.
- **Advice, prevention, and early intervention** for lower risk misuse.
- **Structured treatment** for complex needs and established patterns of use.
- Consultation and support for family members, friends, schools, social workers, and other professionals where consent has been given.
- **Supported referrals** to a wide range of community services for mental health, social isolation, education, peer mentoring, healthy activities, family, and relationship support.
- Management of **treatment transition** pathways for young adults.

### **What to do next**

If you have identified a young person under 21 years who is using drugs or alcohol you can make a referral through our webpage which is encrypted and accessible 24hrs a day. Gathering and completing the basics of the referral form will take roughly 2 minutes. Other referrers such as Children's Social Care and schools will have far more information and as such their referrals will take longer.

Before proceeding, please make sure the young person has consented to the referral. It's important to note the Young Person is consenting for us to contact them, any consent for ongoing support/ treatment will be sought separately by One80. Most referrers have found using language such as:

*"we think it might help if you spoke to someone in Young Persons drug/ alcohol service, is it ok if I ask them to contact you?"*

### **What you will need:**

Our referral form asks for several pieces of information, some areas are mandatory. As a minimum you will need the following:

- Full Name
- DOB
- Gender
- A form of contact for the young person – at least one of the following: Address, Email, or telephone number
- Consent (as above – this is a yes/ no box, no written consent required)
- Are the parents or guardians aware of referral – yes/ No
- Substance being used – please complete minimum of substance type. If type is unknown, please use the 'Additional information' box – for example this could be used if the Young Person has taken something, but they don't know what it was.

If the Young Person is out of our catchment area, we will make initial contact and support the Young Person with a referral to their local service.

**To make a referral please click on the hyperlink below, this will take you directly to the referral form.**

<https://thebridgeproject.org.uk/professionals-referral-form/>

**Alternatively, you can call our office number 01274 745636 to make a referral, discuss a referral or for advice.**