

Come And Explore Kooth With Us

The following introductory sessions will provide you will a brief overview of Kooth, explaining the new activities within our self help resources, as well as a live demonstration of the service, to see what a young person experiences when they access Kooth.

Please register using the following link and select the date that you would like to attend

<https://www.eventbrite.co.uk/e/introduction-to-koothcom-tickets-114524196956>

Thursday 6th August 2020, 1.00pm - 2.00pm

Monday 10th August 2020, 1.00pm - 2.00pm

Wednesday 19th August 2020, 9.30am - 10:30am

Tuesday 25th August 2020, 3.00pm - 4.00pm

If you have any questions about these please contact:
Hayley at hsnee@xenzone or Heather at hhook@xenzone.com



kooth

Free online counselling support for young people!
Discover everything Kooth has to offer

FREE COUNSELLING

DISCUSSION BOARDS

JOURNAL

SELF-HELP TOOLS

KOOTH MAGAZINE

HELP ARTICLES

Sign up for free at **Kooth.com**

The graphic features a stylized illustration of a person in a blue coat holding a tablet, surrounded by various icons and text boxes representing Kooth's services: 'FREE COUNSELLING', 'DISCUSSION BOARDS', 'JOURNAL', 'SELF-HELP TOOLS', 'KOOTH MAGAZINE', and 'HELP ARTICLES'. The background is a vibrant yellow and orange.